#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

## FORM 8-K

### CURRENT REPORT

# Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 15, 2022

## ONE LIBERTY PROPERTIES, INC.

(Exact name of Registrant as specified in charter)

Maryland	001-09279	13-3147497
(State or other jurisdiction of incorporation)	(Commission file No.)	(IRS Employer I.D. No.)
60 Cutter Mill Road, Suite 303, Great Nec	k, New York	11021
(Address of principal executive of	fices)	(Zip code)
Registrant	s's telephone number, including area code	e: 516-466-3100
Check the appropriate box below if the Form 8-K following provisions (see General Instruction A.2. b		sfy the filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule	425 under the Securities Act (17 CFR 23	0.425)
☐ Soliciting material pursuant to Rule 14a-12	2 under the Exchange Act (17 CFR 240.1	4a-12)
☐ Pre-commencement communications pursu	uant to Rule 14d-2(b) under the Exchange	e Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursu	uant to Rule 13e-4(c) under the Exchange	e Act (17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of th	e Act:	
Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock	OLP	New York Stock Exchange
Indicate by check mark whether the registrant is an chapter) or Rule 12b-2 of the Securities Exchange A		Rule 405 of the Securities Act of 1933 (§230.405) of this
		☐ Emerging growth company
If an emerging growth company, indicate by check new or revised financial standards provided pursuan		use the extended transition period for complying with any $\Box$

# Item 8.01 Other Information.

The information set forth in the press release annexed hereto as Exhibit 99.1 is incorporated herein by this reference.

## Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description of Exhibit
99.1	Press release dated September 15, 2022.
104	Cover Page Interactive Data File – the cover page XBRL tags are embedded within the Inline XBRL document.
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## SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: September 15, 2022

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish

David W. Kalish Senior Vice President and Chief Financial Officer



#### ONE LIBERTY PROPERTIES ANNOUNCES DIVIDEND AND EXPANDS SHARE REPURCHASE AUTHORIZATION

GREAT NECK, NY – September 15, 2022 – One Liberty Properties, Inc. (NYSE: OLP) today announced that its Board of Directors declared a quarterly dividend on the Company's common stock of \$0.45 per share. The dividend will be payable on October 7, 2022 to stockholders of record as of the close of business on September 27, 2022. This dividend represents One Liberty's 119<sup>th</sup> consecutive quarterly dividend.

OLP also announced that the Board approved an approximate \$5.2 million increase to its existing share repurchase authorization. The expansion is in addition to the approximately \$2.3 million remaining on the current repurchase authorization, resulting in share repurchase authorization of up to \$7.5 million of common stock.

#### **About One Liberty Properties, Inc:**

One Liberty is a self-administered and self-managed real estate investment trust incorporated in Maryland in 1982. The Company acquires, owns and manages a geographically diversified portfolio consisting primarily of industrial properties. Many of these properties are subject to long-term net leases under which the tenant is typically responsible for real estate taxes, insurance and ordinary maintenance and repairs. Additional financial and descriptive information on One Liberty, its operations and its portfolio, is available at its website at: http://lliberty.com. For additional information, interested parties are encouraged to review One Liberty's Form 10-K for the year ended December 31, 2021 and the other reports it filed thereafter with the Securities and Exchange Commission.

#### **Contact:**

One Liberty Properties Investor Relations Phone: (516) 466-3100 www.onelibertyproperties.com